

**Help to Live Healthy**

**Training program**

**10 – 11 May 2013**

**Gödöllő**

10 May

9.30 Registration, coffee

10.00 Introduction of the training program

Mr Daniel Pecze, deputy-mayor of Gödöllő

Moderator

10.15 – 10.30 Introductions of participants, organizations

10.30 – 10.50 Sport for generations

Mr Daniel Pecze (in charge of sport issues)

10.50 – 11.30 Round-table discussion, promote physical activity among generations, especially youth.

11.30– 11.50 Problem solving methods learn from each other.

11.50 – 12.00 Coffee break

12.00 – 13.00 Find role of local governments, civic sectors and schools to raise healthy life methods – best practices

13.00. – 14.00 Lunch

14.00 – 15.00 Teams work, methods

15.00 – 15.30 Conclusion

15.30 – 17.00 Promote sport, physical activity with children and students

sport games

18.00 Dinner

11 May

Nutrition for generations and environment

9.30 – 10.00 Welcome, coffee

10.00 – 10.30 Presentation of the local foods strategy, Gödöllő

Mr. Daniel Pecze, deputy mayor

10.30 – 10.50 Survey of food products system

Mr. Bálin Balázs, SZIA KM ESSRG

10.50 – 11.15 Nutrition policy, sustainability in local and regional strategy

Public catering

Mr. Szaniszló Hatolkai, head of Kalória Kht.

11.15. 12.30 Reflections - NGOs, representatives of municipalities, enterprises, Local Food Council of Gödöllő, public health institution, kindergarten, schools, FÉSZEK Gödöllő Association for Families and Twin city of Dunaszerdahely

12.30 – 13.30 Lunch

13.30 – 14.00 Discussion - Raising awareness by social marketing, communication tools

14.00 – 14.30 Local government and NGOs relationship

Program of Hernádszentandrás

Mr. Gábor Üveges

14.30 – 15.15 Producer and consumer, local market – network, training in teams

15.15 – 15.30 Round table discussion on EU, national, regional and local financial capacity, possibility for sustainable and healthy life, nutrition issue (2014 – 2020)

15.30 – 17.30 Participation on Food Festival

Main Square of Gödöllő